



保良局莊啟程小學

PLK CHONG KEE TING PRIMARY SCHOOL



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我最深刻的一次活動

1A 游善衛

我最深刻的一次活動是參加學校舉辦的「動感非洲時裝設計比賽」。我負責畫衣服的草圖；媽媽負責搜集材料，如紙皮、布、膠碗等；爸爸就把材料造成衣服和道具。我穿上豹紋衣服、戴上頭飾和頸鍊走上舞台，十分威風啊！

從中我學會了分工合作，發揮自己所長。



1A 游善衛

全方位學習周

1B 蕭定熙

上星期是全方位學習周，我們進行了很多活動。其中一個活動是「原野拼貼樂」。文老師叫我們帶材料回校，包括布、珠子、鈕和一些紙張。然後，文老師替我們分組，完成後，原來是一隻大斑馬。經過這次活動，我們學到合作的樂趣。



1B 蕭定熙

星期日

1C 練玟希

上星期日，爸爸、媽媽帶我到馬鞍山公園遊玩。

首先，我們在翠綠的草地上吹泡泡，然後到了海濱長廊踏單車，經過遊樂場時，我們還停下來玩了一會兒。

到了黃昏，太陽差不多下山了，大家都玩得筋疲力竭。最後，我們拖着疲累的身軀回家吃晚飯。真是精彩的一天啊！



1C 梁泳晞



1D 卓洋

春天到了

1D 藍浚朗

春天到了，美麗的蝴蝶在花間採花蜜。
 春天到了，愛唱歌的小鳥兒在樹上唱歌。
 春天到了，天上的大比鳥在找食物。
 春天到了，可愛的百變怪在草地上聽音樂。
 春天到了，很大的卡比獸在睡覺。
 大家都愛春天。

假期的一天

2A 徐希洛

上星期天，天氣晴朗，我和爸爸媽媽一起到維多利亞公園遊玩。

我們到了那裏，看見有些人玩捉迷藏，有些人在吃東西，他們都玩得很開心。接着，我們在草地上野餐，有雞翼，有魚蛋，真是很美味啊！之後，我和爸爸媽媽欣賞四周的風景，真是很美麗啊！

直到黃昏，我們便收拾物件，帶着依依不捨的心情乘坐小巴回家。那天，我覺得很快樂，度過了愉快的一天。



2A 徐希洛

一件意外

2B 馬民皓

星期天，我和朋友們到運動場的小食部吃過早餐後，我們便懷着興高采烈的心情準備打羽毛球。

突然，我們不小心把羽毛球投到樹頂上，我們用了很多不同的方法嘗試把羽毛球挑下來，但也不成功。正當大家不知所措的時候，我自告奮勇地爬上樹頂拾回羽毛球，可是我忽然滑了下來，跌在地上，痛得嗚嗚地哭了起來，朋友趕來把我扶起，並安慰我：「以後別衝動了。」

經過這次意外，我以後做甚麼事情都不能衝動，要三思而後行，安全第一。



4A 翁正

一件意外

2C 廖鎰烽

小息的時候，我和大雄到操場打羽毛球。正當我們玩得興高采烈的時候，忽然，我太用力了，不小心把羽毛球打到樹上，我站在那裏，頓時感到不知所措。

這時，大雄走過來安慰我，還自告奮勇地爬到樹上撿球。忽然，腳一滑，大雄從樹上滑了下來，他的腳流血了，痛得嗚嗚大哭。我馬上走過去扶他坐好，通知老師。老師趕來把大雄送到醫療室檢查和處理傷口。

休息過後，大雄沒有事了。老師教導我們，做任何事情都不要衝動，要三思而後行。



2C 廖鎰烽

假期的一天

2D 亞致材

暑假的第一天，我和爸媽約了朋友到半月灣沙灘遊玩。

那天，天氣晴朗和炎熱。我們約定了早上九時在西貢碼頭集合，然後一起坐船到半月灣。到達後，我們便立刻換上泳衣，跟着便跑到沙灘上玩耍。我的朋友堆沙，我和爸媽到水裏玩。剛在水裏游的時候，我有點害怕，但我很快便習慣了，還很喜愛在水裏玩呢！

我們在傍晚的時候坐船離開，我在船上累得呼呼大睡了。



2D 亞致材

買醬油

3A 洪靖妍

媽媽燒飯的時候，發現醬油用光了。媽媽對我說：「小澤，你可以替我買一瓶醬油回來嗎？我給你三十元。」我爽快地答應了。

途中，我看見文具店的門外有一台自動售賣玩具機。我想：如果我用少許零錢來抽我最喜愛的玩具「水伊貝」，應該還有一些零錢去買醬油。

我立刻把二十元硬幣投進玩具機裏。我一扭，「咕嚕咕嚕」一響，一個紫色的球立刻滾下來，原來是我不喜愛的「噴火龍」呢！這時，我才發現我沒有足夠的零錢買醬油了，我只好垂頭喪氣地回家去。

回家後，媽媽問我：「醬油在哪兒呢？」我誠實地回答：「我把錢用來抽玩具，但剩下的錢不足夠買醬油，所以我沒有買，真對不起！」媽媽十分生氣，氣得七竅生煙，我真是覺得很後悔。

經過這次教訓後，我明白了答應別人的事一定要做好。我不應因一時貪玩，做一個不守信用的人。



3A 洪靖妍

發成績表

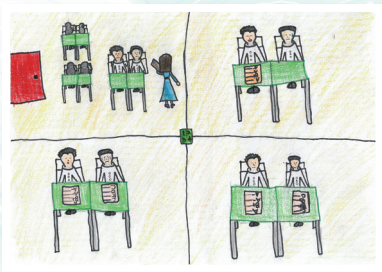
3B 劉梓琳

今天早上，老師要發成績表。大家都緊張萬分，有的在搓手，有的身子發抖，有的不停流汗……

老師走到我身邊，把我的成績表發給我。她說：「你考得全班最好，太棒了！」我看了看，激動地說：「太好了！我考得這麼好，真是令人難以置信啊！」

老師發給小明時，她說：「這是你的成績表，這次考試不太理想，今後一定要努力學習，多多溫習。」小明看了一眼，低下頭，自言自語地說：「唉！真是令人失望啊！為甚麼我的成績一落千丈呢？回家後我一定會被媽媽責罵的。」我聽見了，馬上問：「小明，甚麼事呢？」他回答說：「我的中文科、視藝科和英語科都不及格，回家後一定給媽媽罵死的。」我安慰他說：「不用哭，也不要傷心了，反而要反思自己的不足，多加溫習，不會的請教爸媽、同學或老師吧！」

小明經過這件事後，他一定會多加溫習，再接再勵。我考得好，也不會自大，要繼續努力。



3B 黎泳

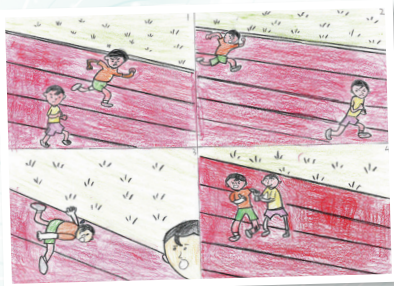
跑步比賽

30 陳家寶

「五校運動會」的早上，我和小明在馬鞍山運動場參加了一百米的跑步比賽。

跑步比賽即將開始，我在起跑線上等待着。我聽到「嘸」的一聲，就用盡全力、快速地擺動雙手，勇往向前，奔向終點。然後，我慢慢超越了小明，忽然，我聽到「哎呀」的一聲，我回頭一看，原來小明被那塊很小的石頭絆倒了。我想：我幫他，還是不幫他呢？我猶豫了一會兒，再想：我還是幫他吧！於是，我立刻跑到小明身邊，問他：「你有沒有受傷？」小明痛苦地說：「我的膝蓋流血了。」我再問：「你要不要到醫療站呢？」他便說：「好啊，謝謝你！」最後，我慢慢地扶他到醫療站，老師便幫他包紮傷口。

雖然我在這次跑步比賽中輸了，但我並沒有失望。經過今天的事情，我學會了「安全第一，友誼第二，比賽第三」的體育精神。



30 楊俊軒

跑步比賽

30 張文莉

十二月十六日，學校舉行了運動會，我們到了馬鞍山運動場，不久，比賽就開始了。

一開始，我和小明的成績一樣，後來，我不顧一切，盡力向前跑，突然，我聽到在我背後的小明大叫：「哎呀！我的腿很痛啊！」我回頭看見他跌倒在地上，於是我便立刻跑到小明身邊，問他：「你有沒有受傷呢？」小明痛苦地回答：「我……我的腿很痛，我不能跑了。」最後，我扶他慢慢地走到醫療站，醫護人員幫他包紮好傷口，我們就回到場地了。

今天的跑步比賽，我雖然取不到名次，但經過今天的事情，我明白到名次是次要的，友誼才是第一。



30 錢君翹

我最欣賞的人



4A 洪凱然

4A 何順賢

我最欣賞的人是我的同班同學，他叫馮皓南，今年十歲，是一個中國人。他住在聽濤雅苑，我們在二年班和四年班是同班同學，所以我和他已交了幾年朋友。

我欣賞他是一位樂於助人的人。記得有一次，他打算到小食部買一些小食時，他看見一位同學一不小心跌倒，便連忙跑上前扶起他，帶他到醫療室去。

我欣賞他是一位做事專心的人。有一次，正當他在做功課時，有一位同學在旁邊問他：「我們一起到圖書館看書好嗎？」但因為太專心了，所以同學叫了幾聲他也聽不見。

我欣賞他是一位有禮貌的人。他每天上學時都會向老師、同學和校工等說「早晨」，所以時常有老師稱讚他是個有禮貌的好孩子。

馮皓南是我的好榜樣，因為他是一位樂於助人、有禮貌、而且做事認真的好學生。從今天起，我會向他好好學習，做一位人見人愛的好學生、好孩子。

我最欣賞的人

4B 羅羽浚

我最欣賞的人是我的爸爸，因為他努力賺錢給我們過舒適的日子。他個子高高的，鼻子也是高高的，他的嘴巴小小的，頭髮又短又黑。

我覺得他很溫柔，我做錯事的時候，他不會對我大發雷霆，反而會給我機會改過自新。有一次，我弄破他的袋子，急得像熱鍋上的螞蟻，但是我左思右想，都想不到解決方法。爸爸回來時，他看見袋子破了個洞，就問是誰弄的，我誠實地說是我弄破的，他溫柔地對我：以後不要再弄破東西了，我慚愧地低着頭。

我也欣賞他十分勤力，他每天都早出晚歸，辛勤地工作，讓我們過舒適的日子。他回家後，還會在房間裏專心致志地做老闆給他的工作。他在放假的時候，不但不多爭取時間休息，不去睡覺，反而幫忙做家務，減輕媽媽的負擔。

我要勤力讀書，專心上課，考到好成績，不要令爸爸失望。



4B 黃琬晴

我最欣賞的人

4C 陳梓樂



4C 陳梓樂

我最欣賞的人是史蒂芬·霍金，他是一位全身癱瘓及失去說話能力的物理學家。

霍金出生於英國牛津，他在童年的時候，學業成績並不突出。他在十七歲的時候，被診斷患有肌肉萎縮症，身體漸漸不受控制，往後數十年逐漸全身癱瘓及完全失去說話能力。

霍金是一位很有毅力的人。雖然他的身體條件不好，但他仍努力不懈和奮力向前，在物理學的研究方面作出貢獻。他的著作包括《時間簡史》及《黑洞與嬰兒宇宙》以及相關文章。

他也是一位樂觀和不屈不撓的人。他處事非常有目標及理想，例如：他患有重病，但他誓要像普通人一樣生活、結婚、生孩子……他真是我

們的一個好榜樣。

我認為他真是一個了不起的人，他面對重重困難仍能在逆境中求生，我要以他為學習目標，以樂觀的態度面對困難，開心地度過每一天。

我最欣賞的人

4D 余樂探



4D 羅日瞳

我最欣賞的人是我的媽媽，她是一個既有耐性又溫柔的人，還有很多值得我向她學習的地方。

有一次，我不小心在街上跌倒了，回家後，媽媽立刻溫柔地幫我塗抹藥酒，並妥善處理傷口。媽媽對我那般溫柔，使我感動，連帶傷口的痛楚也仿似減輕了。

媽媽很溫柔，不會輕易發怒。有一次，因為我在家中踢球，不小心打破了一個十分昂貴的花瓶。那時，媽媽不但沒有罵我，還關心我有沒有受傷。雖然媽媽失去那個花瓶，但她沒有因此而生氣，所以我反而感到內疚，提醒自己，以後不可在家中打球。

其實媽媽不但溫柔，做事還很認真。當我遇到有不會寫的字時，剛好媽媽也不會。原本我說不要緊，媽媽卻立刻教訓我，叫我做事要認真，不得馬虎。媽媽便拿出字典來，陪伴我一起翻查那個字的解釋。

除此之外，我最欣賞媽媽的耐性，媽媽經常表現出這個優點。當我遇到一份艱深的功課，媽媽教了我很久，我仍是摸不着頭腦，埋怨那題目實在太難的時候，媽媽還是鏗而不捨地教我，最終教曉我把功課完成。還有一次，我和媽媽在快餐店買東西吃，排隊等了很久還未到我們，久等使我不耐煩。那時，媽媽便提醒我，做人要有耐性，遵守紀律。

我有一個這麼好的媽媽，難道我們不是要好好向她學習嗎？媽媽真是我最欣賞的人呢！

小金魚之死

5A 文栢希



5A 傅佩琳

今天起床的時候，我發現我的小金魚死了，只好將牠埋在泥土裏面並叫牠安息。我像母雞照顧小雞般悉心地照顧牠，為甚麼我的金魚小美會死呢？我垂頭喪氣地自言自語。

昨天，我在旺角花了二百三十五元才買到這條魚。回到家後，我把魚缸打扮得漂漂亮亮和換好水才把金魚小美放在魚缸，牠也習慣了這個仿似天堂的生活，我還餵牠吃美味的魚糧。媽媽囑咐我要好好照顧牠。我看着這條小公主金魚很久。之後，牠拍打玻璃，好像想跟我玩耍呢！

今天，我看見小金魚死了，我哭着地說：「金魚啊！金魚啊！你為甚麼會死呢？」媽媽問：「我昨天不是提了你不要把舊水倒掉，要一些新水，一些舊水嗎？」「啊，是，怪不得小金魚用頭拍打玻璃，可能就是提醒我，我太愚蠢了！小金魚，我不聽你的吩咐，才令你失去生命的。唉，我很後悔。」我說。

我很後悔，早知道小金魚會死的話，我就聽媽媽的囑咐，我以後一定要聽媽媽的話，養小金魚的時候，不要倒掉全部舊水。從小金魚之死一事，我得到的教訓是要聽大人的說話，不要把大人的說話當作「耳邊風」。

大自然的四季

5B 尹維建

大自然中有四個季節，而這四個季節是那麼奇妙，那麼美麗……

「一年之計在於春，一日之計在於晨。」春天的早上，起床後往窗外看一啊！一夜之間，窗外的景色由雪白一片變成了綠色的世界。冬天時光禿禿的樹木又重新長出了翠綠的葉子，綠油油的小草整齊地排在一起，形成了一支浩浩蕩蕩的軍隊，滿山遍野的花兒都露出了燦爛的笑容，小動物們也從睡夢中醒來，出來呼吸這清新的空氣。可是，這充滿生機的季節很快就被頑皮的夏弟弟趕走了。

夏天的時候，烈日當空，驕陽似火，大地被太陽照得乾裂。海面就像一塊鏡子，被太陽照射，形成一幅美麗的圖畫。一會兒，天又變得灰濛濛的，豆大的雨點伴隨着颱風像炮彈一樣落了下來。人們都立刻狼狽地跑到大廈商場裏避雨。這時，閃電劈了下來，緊隨着是「轟隆」的打雷聲，好像夏弟弟在：「哈！看看你們狼狽的樣子！」可惜，夏弟弟沒多久，就被火紅的楓葉帶走了。

秋天是豐收的季節，農民們比拾到金子還開心，而讓我最欣賞的是那美麗的景色。「無邊落木蕭蕭下，不盡長江滾滾來。」火紅的楓葉紛紛落下，這景色真壯觀啊！它們用自己的身體來做肥料，使樹木可以長得更茂盛，這種捨己為人的精神實在值得我們學習。

冬天雖然沒有春天迷人的鳥語花香，沒有夏天壯觀的電閃雷鳴，沒有秋天的豐碩果實，但他也有獻給大自然的美。冬天時，北風呼呼地吹着，大雪紛紛地下着，大地被灑上了牛奶，變得一片雪白。光禿禿的樹木穿上了銀色的棉襖，不斷揮動樹枝，像是在舞劍，發出「喇喇」的聲音。幾座小木屋的屋頂上鋪滿了一層厚厚的雪，就好像蛋糕被加上奶油一樣。

大自然真奇妙啊！只要我們仔細觀察，就能發現更多大自然的奧秘。



5B 陳心琪

小金魚之死



5C 高曉晴

我養了三尾小金魚的骨頭，我看見後大叫。叔叔冷笑着說：「謝謝你的三尾小金魚！」我說：「你簡直就是『冷血動物』！」說完後，我立即跑回家。

媽媽知道後，十分難過。我哭着說：「幸好……嗚嗚……還有小金……嗚……魚……芳芳。」冷靜過後，我立即把魚缸加上蓋子，保護芳芳。不過我還是覺得很內疚，沒有好好保護牠們。

5C 劉珈余

我養了五年的小金魚死了，我十分傷感。

在五年前，我和媽媽到金魚店買了四尾小金魚，一尾叫貝貝，一尾叫水水，一尾叫小金，另一尾叫芳芳。在我悉心的照料下，牠們都很健康。

可是，有一天，除了最小的芳芳外，牠們突然失蹤了。我立即大叫：「媽媽！除了芳芳外，小金都不見了。」媽媽說：「會不會是小花貓咪咪吃掉了？」我說：「可是小花貓在鄰居的叔叔家，怎可能吃了小金呢？」結果我在鄰居的貓旁邊發

現三尾小金魚的骨頭，我看見後大叫。叔叔冷笑着說：「謝謝你的三尾小金魚！」我說：「你簡直就是『冷血動物』！」說完後，我立即跑回家。

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大自然的四季

5D 洪泳鈺

在每一年，都有四位美麗的仙子來探訪小動物、花草樹木等等，而我最喜歡的是春仙子。春天一到，春仙子便叫醒所有的小動物和花草樹木。有的在打呵欠，有的在伸懶腰。美麗的小花朵盛開了，花香撲鼻，吸引了蜜蜂先生和蝴蝶小姐來採甜甜的花蜜。

大大的、火辣辣的太陽公公出來了，十分炎熱；但蟬兒卻忙得不亦樂乎，每天都在唧唧地唱歌，十分吵鬧。

秋仙子把夏仙子送走了，楓樹為了迎接秋仙子，便搖擺起來。黃葉從樹上掉了下來，掉在同一個地方，讓秋仙子坐下來，休息一會，之後，再探訪更多的花草樹木和小動物們，和他們一起跳舞、玩耍。呼呼、呼呼、呼呼……一陣清爽的清風吹了過來，十分涼快。

秋仙子離開了，冬仙子來了，白雪飄下，和冬仙子一起玩耍。小朋友十分高興，因為他們可以堆雪人，可以嚐一嚐白雪的味道，味道淡淡的，冷冰冰的。

大自然，有很多變化，所以，我覺得大自然十分奇妙。



5D 梁靄詩



6A 張崇軒 羅浚謙

背叛自己，把他惟一的朋友吃掉了。

森林大會的投票開始了，動物們只好垂頭喪氣地低下頭，乖乖地投了兇惡的獅子一票。結果出來了，獅子有十九票，而老虎卻只得一票。獅子趾高氣揚地在森林裏走了一圈，動物只得拍手叫好。

日子久了，獅子經常指揮動物們幹活，自己卻整日在游手好閒地睡懶覺。動物們都怨聲載道，對獅子恨之入骨。聰明的小鹿想出了一個好辦法，向小松鼠說：「我們凌晨三時在獅子家等，然後一起攻擊獅子吧！你去告訴其他人。」因此，獅子就被動物們殺掉了。

從此，森林裏一片蓬勃的景象，動物們都分工合作，工作的工作，搬運的搬運，喝水的喝水。這個故事告訴我們不應該用暴力來強迫別人就範，否則後果就會像獅子一樣。

兇惡的獅子

6A 張崇軒

一天，老虎覺得森林需要一個領袖，於是便決定舉行森林大會。老虎和獅子都成為了候選人。獅子像雷一樣咆哮道：「要是誰不投票給我，誰就性命不保！」這時森林裏鴉雀無聲的。五分鐘後，獅子的好朋友——老鼠，在獅子旁邊：「如果你威脅大家投你一票，那這個大會就沒有任何意思了。」獅子不但不領情，反而覺得老鼠

如何提高危機意識

6B 黃良瑛

近日，香港地鐵發生了恐怖縱火案，嫌犯是一名精神病患者，在地鐵內縱火自焚，導致十九名乘客受傷，十分驚險。而這件事同時也提醒了人們危機意識的重要。

危機意識是甚麼？危機意識就是在緊急關頭的感知與應變能力。生活充滿了危險與變數，我們永遠不會知道下一秒將發生甚麼。當危險來臨時，我們往往措手不及，此時，危機意識便顯得格外重要。

我們該如何提高危機意識呢？

第一，預測。我們可以透過觀察陌生人的神態、動作，來預測他們的下一步行動。例如：在空蕩的街上，你發現有一個陌生人在尾隨你，你感覺到了危險，便向人多的地方跑；又或者，晚上，你一個人回家，路上看到一個手裏拿着酒瓶的醉漢正在向你走來，你感覺到了危險，便特意避開他。以上這些，都是危機的預判。

第二，留意周圍的事物。我們可以通過觀察周邊的事物狀態來避開危險。例如：我們看到一個籃球正在向自己飛來，便下意识地用手擋住；又例如：我們看到地上有一灘水，便會不自覺地繞道而行。這些都是危機意識的表現。

生活中，我們總會遇到一些令人猝不及防的意外，俗語說：「天有不測風雲，人有旦夕禍福。」人難免會遇到危機，所以我們要隨時保持警惕。



6B 馬睿薇

小學生活回憶



6C 方張雯

不知不覺，我們六年的小學生活就這樣飛逝。這六年的生活裏，有眼淚，亦有歡快。

我們的眼淚落在五年級裏。在五年級，我們參加了一個活動——紀律訓練營。那次的紀律訓練營，使我一生難忘。因為那是我第一次跟同學和老師度過三日兩夜。在營舍裏，我們還把眼淚流在元老師的衣裳上，淚中含着感謝元老師的教育之恩，元老師耐心地教導我們，使我們感激不盡，亦學會尊重和自律。

我們的歡快，也是落在五年級裏。紀律訓練日營，亦是在小學生活中，印象較深刻的。在那次，我們第一次挑戰高難度動作，就是我們佩戴一些安全裝備，從高樓跳下來，既刺激，又緊張。不少同學玩完下來大哭，畢竟跳下來的高度很高；也有同學覺得這件事刺激，是人生中不錯的體驗，學會要有勇氣。

「光陰似箭，日月如梭」。正所謂「天下無不散之筵席」，在這六年生活中，雖然有淚、有喜，但是這些歡樂、悲傷的時光，總會給時間偷走。我們以後只能好好珍惜時間，好好緬懷那些悲傷、歡快的時光。

假如我住在窩居



6D 張煒業

經過了一天十分漫長的課程，我終於回家了。

我家是一個蝸居，一個小得可憐的蝸居，這麼小的蝸居，卻要住着四個大人及一個小童。回到家後，我把鞋子脫在門外，然後爬上那高高的雙層牀，把書包中的功課拿出來，再把它擠進充滿雜物的架中。在牀上做功課？沒錯！我天天都在牀上做功課，因為我家太窄小了，只放得下一張雙人牀和一個洗衣機。我把功課都完成後，便拿着衣服走向走廊，去公共廁格排隊洗澡。因為這樓層大部分都是窩居，所以廁所和廚房都是共用的，排隊短則半小時，長則三小時。經過大約兩個多小時後，我終於可以梳洗了。

梳洗時，代替熱水的是冰冷無比的冷水，很明顯，熱水停止供應了。幸好我已經梳洗得七七八八。梳洗完後，我回到家便開始吃飯。家裏一共有嬤嬤、爺爺、媽媽，以及未回來的爸爸。我把飯帶上牀上吃時，爸爸回來了。看到爸爸一副疲勞的樣子，可想他今天一定十分忙碌了。爸爸一吃完飯便倒在牀上呼呼大睡。飯後，大家便各自上牀睡覺。我在牀上用手電筒看了一會兒書，便躺着想：我的生活能改善嗎？

雖然我仍然在求學，但只要努力學習，離達成我的夢想——改善我和家人的生活，就更加接近了。因此我一定會發奮的。

6D 張煒業

Happy Zoo

Written and illustrated by Wong Yat Ho, Bosco(1A)

This is Happy Zoo. There are two elephants. They are grey. They are on the grass. There are two monkeys. They are yellow. They are on the tree. There are two giraffes. They are orange. They are on the grass. There are two lions. They are brown. They are under the tree.



Rainbow Zoo

Written by Chung Cheuk Yin, Anson (1B)

Tse Lok Ki, Kitty (1B)

Yung Hei, Cote (1B)

Chiu Cheuk Lam, Kaymi (1B)

This is Rainbow Zoo. There are three pandas. They are black and white. They are under the trees. There are seven hippos. They are purple. They are on the grass. There is one zebra. It is black and white. It is near the flowers. There are two tigers. They are brown. They are on the grass.



Jeanie's Zoo

Written and illustrated by Kong Yuen Yung, Jeanie (1C)

This is Jeanie's Zoo. There are two monkeys. They are brown. They are in the tree. There is one panda. It is black and white. It is under the tree. There are two lions. They are brown. They are near the pond.



The Animal I like

Written and illustrated by Lam Joshua Yat Long (1D)

I like this lion. It is big. It is orange. It has a big head and long hair. It has small eyes and a small nose. It has a big mouth and sharp teeth. It has long legs and big paws. It has a long tail. It likes meat. It lives in a den.

About My Classmate

Written by Choi San Yi, Sandy (2A)

Season is my classmate. He is a good boy. He gets up at seven o'clock in the morning. He has lunch at half past twelve in the afternoon. He does his homework at seven o'clock in the evening. He has a shower at half past eight at night. He goes to bed at ten o'clock at night. I think he has good habits.



My Dream School

Written and illustrated by Bai En Lin, Yanni (2B)

In my dream school, there is a shell room. It is on the ground floor. I can pick up shells there every day. I like them because they are pretty and bright.

On the first floor, there is a flower room. I can look at the flowers. I like them because they are fresh and colourful.

There is a dance room on the second floor. I can dance on the stage. I like it because I like dancing. If there is a dance room, I will dance every day.

There is a play room. It is on the third floor. I can play with the toys there. I like it because there are many fun toys. My favourite toys are the dolls. If there is a play room, I will play there every day.

On the fourth floor, there is an animal room. I can feed the animals every day. I like them because they are cute, fluffy and friendly.

I wish my dream will come true.



My Friend Bianca

Written by Chan Lok Pui, Andrea (2C)

Bianca is my friend. She is seven years old. She is thin and tall. She has long brown hair. She wears black-rimmed glasses. She has big eyes and a small nose. She has big ears and a small mouth.

Bianca is polite. She always says 'please' and 'thank you'. She is tidy. She tidies her room every week. She is honest. She does not tell lies. She is hardworking. She studies a lot.

Bianca is my best friend. I hope we can be friends forever.



My Best Friends

Written by Pak Kai Sang, Summer (2D)

My best friends are Adrian and Edwin. They are eight years old. They are both tall. Their legs are very long and their hair is short.

Adrian is helpful. He helps his classmates every day. He is polite too. He always says 'please' and 'thank you'. Edwin is rude. He always pushes children. He is very noisy. He is a naughty child.

Edwin and Adrian are my good friends. I hope we can be friends forever.



Things I Did This Weekend

Written by Hung Ching Yin, Karen (3A)

This weekend, I went to Ocean Park with my family. We went there by car. First, I went on the bumper cars with my mum. It was fantastic. Then, we rode on the Ferris wheel. It was fun. We also saw the beautiful ocean view. Next, we ate ice-cream. It was delicious. After that, I rode on the roller coaster with my dad and my brother. At first I thought it was scary, but then I felt it was exciting. Finally, we went home. It was a wonderful day.



Bread Face

Written by Wu Tan Ni, Nini (3B)

Illustrated by Yau Tsz Ching, Yoyo (3B)

Ingredients:

Three baby tomatoes, two blueberries, a piece of bread, a slice of pineapple and some lettuce

Steps:

1. Wash all the fruit and vegetables.
2. Cut the bread into a circle.
3. Heat the bread in the oven for five minutes.
4. Put the lettuce as the hair.
5. Put the baby tomatoes as the nose and the ears.
6. Put the blueberries as the eyes and the pineapple as the mouth.
7. Enjoy your bread face.



My Diary (A Busy Day at Home)

Written by Yeung Ching Nga, Anna (3C)



Monday 24th April Rainy

It was wet today so I stayed at home all day. I didn't get up early. After breakfast, I played with my dog Coco. We played hide-and-seek and we were happy. Then I painted a picture of my cute dog. It was wonderful.

In the afternoon, I was bored so I watched my favourite cartoon. I was excited. After that I tidied my bedroom. I felt tired.

In the evening my aunt's family visited me. I was surprised. After dinner, I played computer games with my cousin. I was glad.

My Diary (Sports Day)

Written by Li Chun Yin, Rio (3D)

Friday 17th February Sunny

Today was Sports Day. I went to Ma On Shan Sports Ground with my mum, my brothers, teachers and classmates.

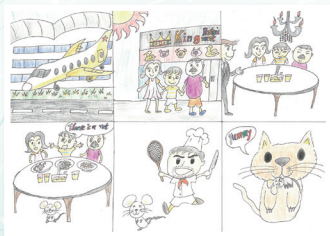
First, I cheered for my class. I said, 'Go! Go! Go!' I felt excited because my class was fast. Next, I ran in 60 metres race and I was hot. Then, I did shot put. I did well. After that, I ate sweets with my classmates. They were delicious. I felt great. Today I was happy because I got a medal.



A Terrible Dining Experience

Written by Tang Wan Yu, Winnie (4A)

Illustrated by Yung Ching, Gabi (4A)



On Nick's birthday, Dad came back from Korea. Nick was very excited. Mum gave a present to him. Then, they went to King Restaurant because the food there was very yummy. They waited for a table for thirty minutes.

In the restaurant, Mum ordered macaroni with eggs and cheese. Dad ordered macaroni with ham. After the waiter put the food on the table, they started to eat hungrily. They enjoyed the food.

Suddenly, Nick cried, 'Oh! There's a rat under the table!' There was a loud yell from Dad, 'Ah! A rat!' The chef heard it and wanted to catch the rat. He shouted, 'Let me catch it!' All the people were scared. After a while, the chef asked the boss of the next restaurant for his bravest cat. The cat saw the rat and ran fast to catch it.

Nick's family was very upset. It used to be the best restaurant. They all said, 'This is the worst restaurant now.' In the end, they went to a fast food shop for hamburgers. Nick said, 'I think our home is the best place to eat.'

A Picnic Day

Written by Tang Yuansheng, Mike (4B)

One sunny day, David and his family had a picnic in Ma On Shan Country Park. They went there by minibus. They brought a lot of food such as a tin of sausages, eight slices of pizza, three bars of chocolate and a few cartons of orange juice. They had a barbecue too.

They were very, very hungry so they ate quickly. David's sister asked, 'What are we going to do after lunch?' 'Let's play badminton and fly a kite,' replied David.

Unluckily, it started to rain. David was very upset. 'Oh my goodness! It's raining! What should we do? Go home or wait for a while?' asked David. 'Let's wait until the rain stops,' said David's father. They played card games under a tree while waiting.

Finally, the rain stopped. Everyone was happy because they could play badminton and fly a kite.



Our Sports Day



Written by Yang Ki Yan, Keyanna (4C)

On 14th February, our school held a sports day for grade two to grade four at Ma On Shan Sports Ground. I went there with my mum. She talked with the other mums. I joined the 100 metre race, 200 metre race and the relay race. Sadly I did not win any prizes because I came fourth for the 100 and 200 metre races, only the first, second and third place could run in the final race. After that, we had the relay race, we were the fourth to get to the finish line so we lost. After the races, we were very thirsty so we bought some drinks at the vending machine.

I felt very happy and excited because I tried my best, but I was also upset because I didn't get any prizes.

A Trip with Little Prince

Written by Chan Hoi Wing, Windy (4D)

Illustrated by Law Hitomi (4D)

Dear Little Prince,

I am happy to be your pen friend. I haven't read your story, but my English teacher has told me about you.

Let me introduce myself. I am thin and tall. I have short hair. My hobby is reading storybooks. It is relaxing. It makes me smart. I like eating chocolate because it is delicious.

I am happy to hear that you are coming to Hong Kong. Let me tell you where we will go. On the first day, we will visit Ocean Park. We can ride on the cable car. The view is very beautiful. Then we will look at the sharks and pandas. After that, we will watch the dolphin show at the Ocean Theatre. We can also go on the rides such as Flying Swing and the Raging River. They are exciting. In the evening, we will visit the Peak Tower. We will look at the beautiful night view of Hong Kong there.

On the second day, we will visit Hong Kong Wetland Park. Let's meet Pui Pui the Crocodile because it is famous. Then we will look at the small animals like butterflies, dragonflies and mudskippers. After that we will walk on the floating bridge. It is fun.

Don't forget to bring enough money and a camera. I look forward to seeing you soon.



Love,
Windy

Ian's Birthday Surprise



Written by Li Cheuk Yin, Jacky (5A)

Illustrated by Fu Pui Lam, Bobo (5A)

Ian's birthday was just around the corner. He asked Dad, 'My birthday is coming. Can I invite my friends to celebrate my birthday?' Dad said, 'Sure!' Then Ian wrote invitation cards. He felt excited.

On Ian's birthday, Dad and Mum prepared a lot of party food and made a cake. At the same time, Olivia and Ian decorated the living room. They blew up the balloons, then they hung them up with the banner.

When Dad and Mum had a rest, Ian went to the kitchen and saw the cake. He thought it was not tasty enough so he added some 'strawberry sauce' to it. He thought it would be scrumptious.

After the preparation was done, no guests had arrived. Ian was worried. He phoned his friend, Tom. 'There was an accident. We got off the bus and we're hurrying to your home,' Tom said. Finally Ian's friends came! Ian made a wish, blew the candles and shared the cake with his family and friends. OH NO! It was very spicy! Ian shouted, 'I just put strawberry sauce on it! Why is it so spicy?' Olivia said, 'I think you mixed up the strawberry sauce with chili sauce!' They drank a lot of milk to cool their tongues. After that Ian got a gift from his friends. He was very happy. What a delightful day!

Ian's Birthday Surprise

Written and illustrated by Xie Aiyang, Ann (5B)

Ian's birthday was around the corner. He had a big idea. 'Mum, can we have a birthday party at the swimming pool?' Ian asked. 'Sure! This is your party!' replied mum. 'Yeah! I love you, mum!' Ian exclaimed excitedly.

Today was Ian's birthday. It was the first time Dad bought so many balloons. He decorated the swimming pool with the balloons. It was as colourful as a rainbow. He knew Ian would like it. Can you imagine it? Dad fell into the swimming pool when he was thinking about Ian's birthday. He was wet and smelly like a rat! 'Oh! My only blue T-shirt! This is only the second time I wore it. What should I wear for the party?' shouted soaked Dad.

The swimming pool had not been used for a long time so mum had to clean the dirty pool for hours. Dad and Ian helped too. That was why Dad smelt like a rat! Ian wanted a shiny pool for his party so he cleaned it hard. After cleaning it for twenty minutes, he was too tired. He napped for three hours after that.

The party started but no one came. Olivia waited for an hour. She was angry and called all the guests. No one answered her calls. She wanted to start the party soon. She complained to her parents five times. She didn't tell Ian because she didn't want him to be disappointed. You will never guess what happened next.

Dad and mum wanted to give them a surprise! Dad made a chocolate swimming pool. He used all his money to buy the chocolate milk. Ian's friends hid in the swimming pool. Just then Ian woke up. 'Ian, here's our gift! Do you like it?' Dad said. That surprised Ian. He was overjoyed to see the colourful chocolate pool and all his friends. 'Oh! How can it be? Am I dreaming?' Ian knocked his head. Finally he played with his friends crazily at the chocolate pool. He drank a lot of chocolate milk. He loved his birthday party very much. He couldn't stop laughing!



An Unforgettable Barbecue

Written by Chan Nga Chi, Angie (5C)



Today is my birthday. I had a barbecue with my family at Ma On Shan Country Park. We brought a lot of food. We had sausages, chicken wings, shrimps and so on.

When we were happily having the barbecue, a stray dog came. Suddenly, the dog took away mum's handbag. Mum was scared. The dog ran away quickly. We couldn't stop it. Luckily, Dad thought of a good idea. 'We can use food to make it come back to us,' said Dad.

Then, Dad took a sausage and walked to the dog. It was hungry so it walked to Dad. Dad put the sausage on the ground. After a while, the dog put down the handbag and came to eat the sausage. Mum finally got the handbag back.

Today was unforgettable!

Making Ice-cream

Written and illustrated by Shek Hiu Ching, Romanda (5D)

In September, we had a special English lesson. Miss Leung, Percy, Suki and I made ice-cream! It was the first time we made ice-cream in the classroom.

The day before making ice-cream, we watched a video to learn the steps. The next day was the big day! First we put the ingredients in a small bag and sealed it. Then we put ice cubes and salt in a big bag. After that we put the small bag in the big bag. The big bag was too cold so we wore gloves. After shaking it for a long time, I was exhausted so I passed it to Percy. I asked him, 'Can you shake faster?' Suddenly, Percy spilt some salt on his school bag as there were small holes in the big bag. Percy shouted, 'Ouch! The bag is so cold!' Then we wrapped it with cloth and shook it for ten more minutes.

After that, the ice-cream was ready. We ate it quickly. It was so delicious. I felt great because we made it! Miss Leung asked us, 'Do you like your ice-cream?' I said, 'I like it because the ice-cream is made by us. I want to do it again.' Next time I want to put more sugar and add some green tea powder to it because I like green tea. What a fun day!



My Summer Holiday

Written by Seto Ming Ki, Jade (6A)



I have been to Cheung Chau twice. I went there with my family last summer holiday.

We took a bus to Central pier and went to Cheung Chau. While I was on the ferry, I felt dizzy. I hate taking a ferry.

We arrived at Cheung Chau at noon. First we rented bikes. We enjoyed the beautiful view while riding on a bike. I liked the scenery. From my point of view, riding a bike is more enjoyable than playing computer games.

Then we went to a famous cave. It was very dark and dirty. Then we had tasty lunch. We ate a lot of food and I was full. I think Cheung Chau is a food paradise. It has giant curry fish balls and deep fried ice-cream. I like them. They were mouth-watering.

In the evening, we had a rich seafood dinner. We ate crabs and lobsters. They were very delicious. I have never had such a great dinner! After that, we took a ferry and went back to Central.

I hope I can go there again next summer holiday.

My Dream Job

Written by Ma Yui Mei, Mei Mei (6B)

I want to be a fashion designer when I grow up because I am interested in drawing and designing clothes. I like dressing up myself so I want to dress up other people with my ideas.

I will be involved in every step of making the new clothes, such as drawing sketches, choosing colours and fabric. I will also organise fashion shows for my own named brand.

Fashion designers need to be creative and good at drawing so that they can design new clothes and present them beautifully. Their very important job is to develop a series of products for the company and sell them through different boutiques. Therefore, I will have to attend fashion shows and review garment magazines in order to gather information about fashion trends and consumer preferences.

I think this job is suitable for me because I am good at mixing and matching stylish clothes. I also have to be creative and have a good sense of style. I hope my dream will come true.



保良精神

相互尊重 團結合力 延展愛心
行善助人 感恩知德
造福社群的奉獻精神

願景

幼有所育，少有所學，壯有所為，老有所依，
貧寡孤困殘病者皆有所望

使命

成為最傑出、最具承擔的慈善公益機構，
發揮保良精神，以善心建善業，
致力保赤安良，護老扶弱，助貧健診，
培德育才，揚康樂眾，實踐環保，
承傳文化，造福社群

價值觀

秉承傳統 與時並進
以人為本 關愛感恩
優良管治 務實創新
廉潔奉公 安不忘危
善用資源 注重本益
專業團隊 愛心服務

Green Day

Written by Tang Wing Yan, Winnie (6C)



Dear Miss Wong,

How are you? We are going to organize 'Green Day' to remind pupils about protecting the environment at school.

We want to save energy so we will ask students to turn off the lights at lunchtime. We want to save water too, so we will make a poster to tell them that we must stop leaving the tap on after washing our hands. Also, we can put recycling bins in the playground so that we can reuse and recycle things. We can tell

students to use both sides of paper.

We must remind students what they can and can't do such as having a shower instead of having a bath. They should bring their own bags instead of asking for plastic bags and use handkerchiefs instead of tissues.

I hope that you will like my ideas.

Yours sincerely,
Winnie Tang (6C)

Evil Angel and Gentle Devil

Written by Lau Chun, Jason (6D)

Long ago, Evil Devil did many bad things so Gentle Angel turned the bad things into good with magic.

Then God appeared and gave some syrup to them, but he told them not to drink the syrup together at the same time. If they did so, their personalities would be swapped. However, Devil convinced Angel to drink it with him. Next, Evil Angel wanted to do bad things but she couldn't because Angel just knew good magic. This was the same for Gentle Devil. After that God appeared again and gave them the reversed syrup. Then God punished Devil.

In the end, Devil did not do bad things again because she was worried that God might punish her.

